



Merit Online Learning Vocabulary Super Stretch

High School through College Prep
Advanced ESL

Complete program: 2 levels
Level 1 (Word Lists A, B, C, D, E, F)
See page 13 for Level 1 word lists.

Level 2 (Word Lists A, B, C, D, E, F)
See page 14 for Level 2 word lists.

Internet Explorer 6.0+ (Windows)
Safari 3.0+ (Windows and Mac)
Firefox 2.0+ (Windows, Linux, and Mac)

What Does Vocabulary Super Stretch Do?

Vocabulary Super Stretch helps students to learn new words and recognize them in different contexts. The program provides practice and multiple exposures to words enabling students to learn a range of words, including abstract vocabulary words commonly used in academic texts.

Use of the program will improve learners' reading comprehension and help prepare students for words seen on standardized tests.

Built-in, real-time scoring gives teachers a current measure of pupil progress through an easy-to-use tracking system.

Sample Learn Unit Online Portfolio

The screenshot displays the Merit Online Learning interface for a student named Brad Brown. The top navigation bar includes links for Home, My Profile, Courses, Students, Reports, School Preferences, Documentation, Access Periods, and a Log out button. The main content area shows the student's progress in Unit 1 - Learn, with a sub-section for Bill Wood. The interface includes a 'Unit Overview' table, a 'View Student's Work' section with tabs for Tryout, Warm-up, and Workout, and a 'Workout score details' table.

Unit Overview	
Date Started	4/23/2012
Date last played	4/23/2012
Total time	01:00:16
Tryout score	70%
Tryout % complete	Done
Tryout skills passed	7
Warm-up performance	100%
Warm-up % complete	100%
Warm-up time	00:07:03
Workout performance	88%
Workout % complete	100%
Workout rounds	5
Workout time	00:12:42

View Student's Work	
<input type="radio"/> Tryout <input type="radio"/> Warm-up <input checked="" type="radio"/> Workout	
Print	
Workout performance to date: 88%	
Skill	Workout score details
determine	★★★
inspire	★★★
fundamental	★★★
radiant	★★★
complement	★★★
compliment	★★★
interval	★★★
perpetual	★★★
contemporary	★★★
initial	★★★
wane	★★★
crucial	★★★

Key	
Correct answer this round	★
Correct answer previous round	★
Passed skill	★★★

Scope of the Program: Skills

Vocabulary Super Stretch has 144 words divided into 2 levels. Each Vocabulary Super Stretch level has 6 words lists of 12 words. A list of the words and their definitions, arranged by word list, appears at the end of this document.

Implementation

Suggested allocation of time for using the program

For best results we recommend that students use the program 20 to 30 minutes a session, two to three times a week, in conjunction with other methods of instruction. Program usage should be paced to allow students sufficient time between sessions to absorb the material.

Suggested overview of student sessions

Students advance through the program at their own pace.

Each Vocabulary Super Stretch word list is divided into three units with various sections for students to work through:

Unit 1 - Learn

Tryout – A diagnostic pre-test

Warm-up – Learning and practice for individual words

Workout – Learning and practice in a mixed skills format

Unit 2 - Exercise

Warm-up – Learning and practice

Unit 3 – Apply

Workout – Learning and practice in a mixed skills format

Finals – A diagnostic post-test

The Warm-up and Workout sections of the program are designed to promote learning and mastery by providing feedback immediately after students select an answer. If students select a wrong answer, the feedback shows the correct answer and gives an explanation that allows the student to succeed on the questions that follow. The feedback also supports students who get the answer right. They may not know the correct answer, but might know that the other choices are not right. So the explanation teaches them the fundamental rule.

The Warm-up and Workout sections are designed so that students may do as many rounds as necessary to master the material.

Tracking students' work

Students and teachers are able to track improvement through students' Online Portfolios and Reports. Using these tools to view the Warm-up and Workout rounds informs students and teachers of what skills students are mastering and what skills students are having difficulty mastering.

Program Structure or "Anatomy of the Program"

Word list glossaries in pdf format are located in the documentation section of the teacher interface. You may print them out for your students or email your students a link.

The Vocabulary Super Stretch program appears in the student's Learning Center.

Student's Learning Center

My Learning Center

Courses

Grammar

- Grammar Fitness, Level 4
- Grammar Fitness, Level 5

Reading Comprehension

- Developing Critical Thinking Skills, Level 2
- Developing Critical Thinking Skills, Level 3
- Developing Critical Thinking Skills, Level 4

Vocabulary

Vocabulary Super Stretch, Level 1, Word List A

Course	Program Unit	Last played	Section	% complete	Comments
Vocabulary Super Stretch	Unit 1 - Learn				
	Unit 2 - Exercise				
	Unit 3 - Apply				

Vocabulary Super Stretch, Level 1, Word List B

Vocabulary Super Stretch, Level 1, Word List C

Vocabulary Super Stretch, Level 1, Word List D

Vocabulary Super Stretch, Level 1, Word List E

Welcome to Merit Online Learning

The programs you have been assigned are in the center of the page.

Click the + next to each program name to see the units of the program.

Click the program unit to start the lesson.

Click the course name for details about the course.

You can view your progress by clicking Online Portfolio in the top menu bar.

Student User Guide (Adobe Acrobat Reader required)

The student clicks the + next to the Vocabulary Super Stretch word list to see the units. The student clicks the unit name to start a lesson.

Next, the student selects a section. The section menu indicates whether the student has done the Tryout and Finals and the % complete for the Warm-up and Workout. Here is the Learn section menu. Exercise only has the Warm-up section. Apply only has the Workout and Finals sections.

Section Menu: Learn Unit

Choose a Section and click OK.

Tryout
See what you know. ☐ Done

Warm-up
Practice a single skill. ☒ % complete
58%

Workout
Use all your skills. ☐ 0%

OK

Students can adjust the text size and choose a different background color at the start of each section. At the start of the Warm-up and Workout they can also choose a graphic reward theme.

Display Options: Text Size, Rewards, Background Color

Text Size
To adjust the text size at any time use the buttons in the upper right corner above Log out.

Reward Options

Do you want reward graphics?
☒ Yes
☐ No

Do you want reward sounds?
☐ Yes
☒ No

Pick a reward theme.

Artsy ☒

Meritkins ☐

Goomakers ☐

Congrats ☐

Background Color Options

Pick a background color.

Light Blue (default) ☒

Golden ☐

Olive Green ☐

Rosy Brown ☐

Students are presented with a round of questions. In the Learn unit the student is presented with a text and asked to choose the word or phrase that is closest in meaning to the vocabulary word.

Sample Learn Unit Question

Vocabulary Super Stretch, Level 1 - A - Learn: Tryout

2 of 24

Choose the word or phrase that is closest in meaning to the vocabulary word.

To their horror, the attorneys discovered a CRUCIAL piece of evidence had been omitted at the trial.

☐ suitable
☐ insignificant
☒ vitaly important
☐ tedious

OK

Feedback and help messages are shown in the Warm-up and Workout sections.

Sample Apply Unit Question with Feedback

MERIT Welcome Bill Wood - Text +

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Vocabulary Super Stretch, Level 1 - A - Apply: Workout

3 of 6

Fill in the blank with the correct word.

Many people find that the tastes of dark chocolate and strawberries _____ each other in an unexpected way.

Choose the word that means "complete."

☐ inspire
☐ denote
☒ complement
☐ compliment

★ Yes, that's right. The correct answer is: complement

In this sentence, COMPLEMENT means "complete."

The completed sentence is:
 Many people find that the tastes of dark chocolate and strawberries
 COMPLEMENT each other in an unexpected way.

[Continue](#)

Following each round, the student sees a summary screen showing his/her progress and achievement in that round.

Sample Summary Screen

MERIT Welcome Bill Wood - Text +

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Vocabulary Super Stretch, Level 1 - A - Learn: Tryout

Tryout score: 71%

Skill	Score details
determine	★ X
inspire	★★★ ✓
fundamental	★ X
radiant	★★★ ✓
complement	X X
compliment	★ X
interval	★★★ ✓
perpetual	★★★ ✓
contemporary	★★★ ✓
initial	★★★ ✓
wane	X X
crucial	★★★ ✓

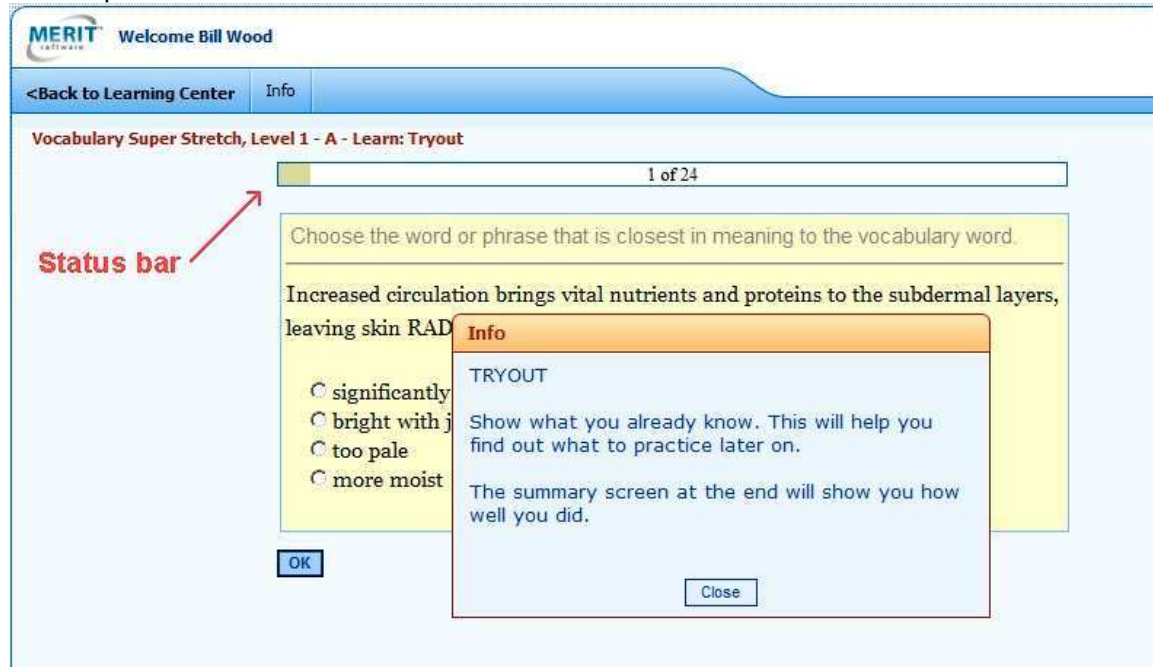
[Section Menu](#)

☒ Show Questions Missed Report

Learn Unit Details

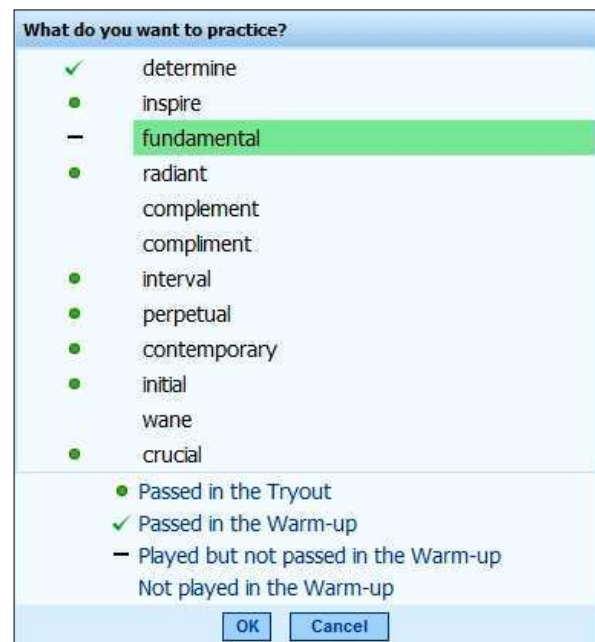
In the Learn unit the student is presented with a text and asked to choose the word or phrase that is closest in meaning to the vocabulary word.

Unit 1 - Learn: TRYOUT: The student will be given 24 questions, two questions for each word in the word list. To pass a word in the Tryout, the student must make correct choices for both questions. The status bar at the top of the screen shows how far along the student is in the Tryout. When the student has finished all the questions, a summary screen will show how the student did. The student gets a star for each correct answer and a check for skills the student has passed. The skills that the student passes in this section will also be shown as passed in the Warm-up.

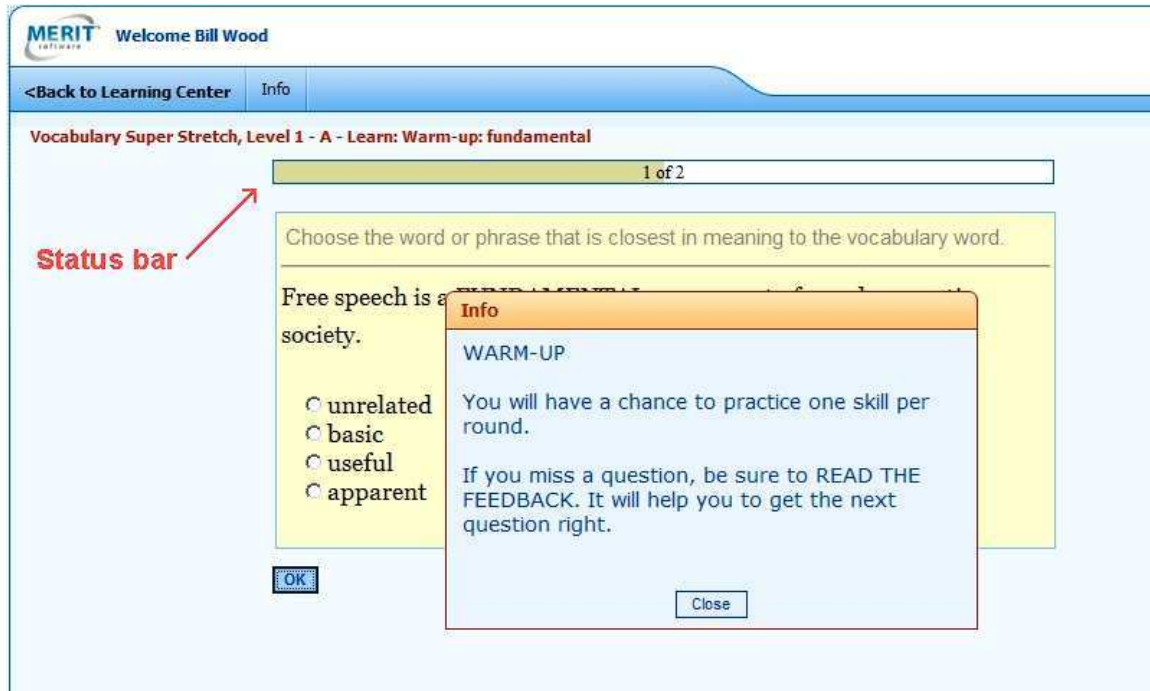


Unit 1 - Learn: WARM-UP: The student selects one word to practice per round. To pass a word in the Warm-up, the student must make two correct choices out of two questions in a round.

Skills that the student passed in the Tryout are shown with bullets on the Warm-up menu. Checks on the Warm-up menu show skills that the student has passed in the Warm-up.



The status bar at the top of the Warm-up screen shows the question count for the round.



When the student has finished the two questions for a word, a summary screen will show how the student did. The student gets a star for each correct answer. Red stars show correct answers for the current round. Gray stars show correct answers for preceding rounds. The summary screen shows checks for the skills the student has passed in the Tryout and in the Warm-up. The bar at the top of the summary screen indicates how far along the student is in the Warm-up.

Unit 1 - Learn: WORKOUT: The student will be challenged to select the definitions for all the words in the word list presented in random order. To complete the Workout, the student needs to answer correctly 24 questions, two for each word. The student plays at least four rounds, each containing six randomly selected questions for several different words. The status bar at the top of the screen shows which question of the six presented in the round the student is working on.

At the end of each Workout round a summary screen will show how the student did. The student gets a star for each correct answer. Red stars show correct answers for the current round. Gray stars show correct answers for preceding rounds. When the student has collected six stars in a skill area, the student gets a check indicating the skill has been passed. When the student has gotten checks in all skill areas, the Workout has been completed.

Skill	Workout Score details
determine	★ ★ ★ ✓
inspire	★ ★ ★ ✓
fundamental	★ ★ ★ ✓
radiant	★ ★ ★ ✓
complement	★ ★ ★ ✓
compliment	★ ★ ★ ✓
interval	★ ★ ★ ✓
perpetual	★ ★ ★ ✓
contemporary	★ ★ ★ ✓
initial	★ ★ ★ ✓
wane	★ ★ ★ ✓
crucial	★ ★ ★ ✓

Exercise Unit Details

The student is presented with a series of multiple choice thought questions. The student selects the type of question for the round: Beyond Definition, Antonym Hunt, or Idea Match. Each type of question gives the student a different way to see the vocabulary words in context.

Unit 2 - Exercise: WARM-UP: The student selects the type of question for the round from a menu. To pass a question type, the student must make four correct choices out of five questions in a round. The student may do as many rounds as necessary to master the material.



Sample Beyond Definition Question



Sample Antonym Hunt Question

MERIT software Welcome Bill Wood

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Vocabulary Super Stretch, Level 1 - A - Exercise: Warm-up: Antonym Hunt

2 of 5

Choose the correct answer.

Find the word that means the OPPOSITE of CONTEMPORARY.

- ☐ sloppy
- ☒ dated
- ☐ modern
- ☐ current

★ Yes, that's right. The correct answer is: dated

DATED is the opposite of CONTEMPORARY.

Continue

Sample Idea Match Question

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Vocabulary Super Stretch, Level 1 - A - Exercise: Warm-up: Idea Match

3 of 5

Choose the correct answer.

Choose the word or term that best relates to COMPLIMENT.

- ☐ now
- ☐ water
- ☐ moon
- ☐ dessert
- ☐ never ending
- ☒ admiration
- ☐ judgment
- ☐ smile

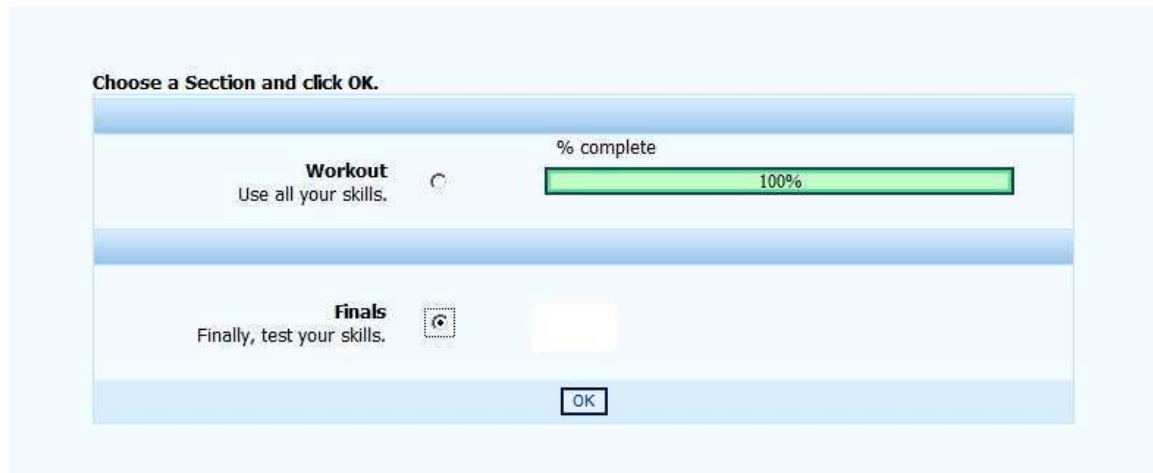
★ Yes, that's right. The correct answer is: admiration

Paying someone a COMPLIMENT is an act of praise or admiration.

Continue

Apply Unit Details

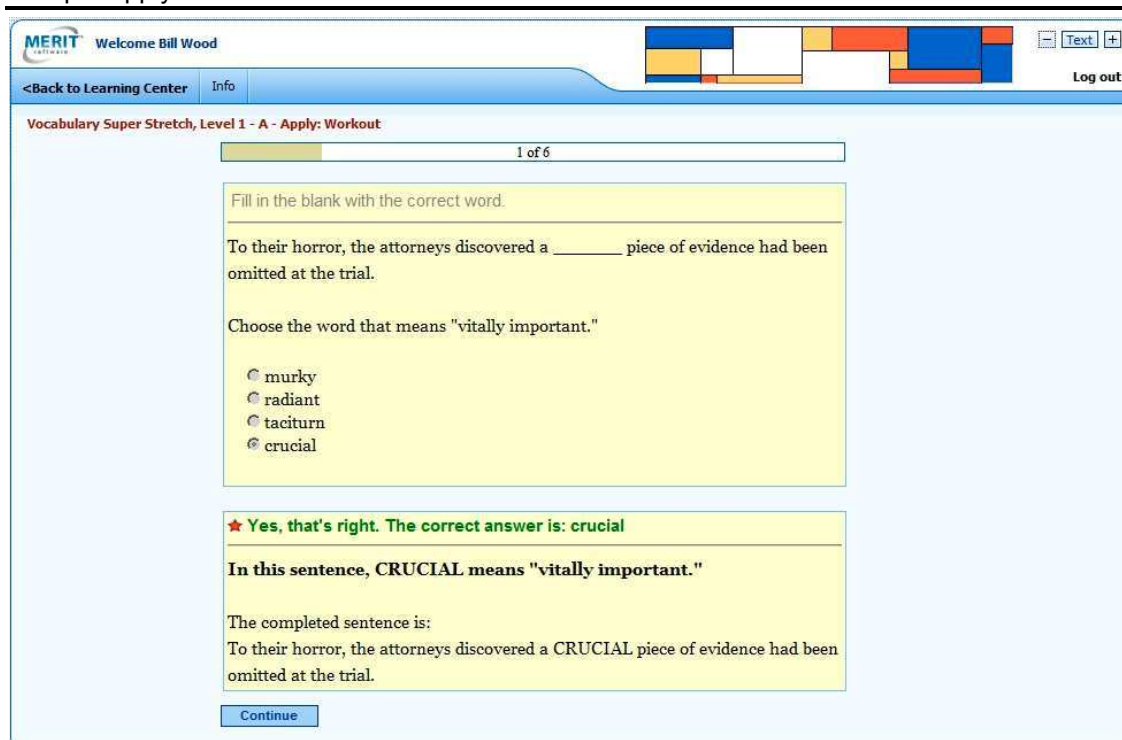
The student is challenged to select the correct vocabulary word to fill in the blank in context sentences. The Apply Unit contains two sections: Workout and Finals.



Unit 3 - Apply: WORKOUT: To complete the Workout, the student needs to answer correctly 24 questions, two for each word. The student plays at least four rounds, each containing six randomly selected questions for several different words.

The status bar at the top of the screen shows which question of the six presented in the round the student is working on.

Sample Apply Unit Question with Feedback



Unit 3 - Apply: FINALS: The student will be given 24 context sentence questions, two questions for each word in the word list. To pass a word in the Finals, the student must make correct

choices for both questions. The status bar at the top of the screen shows how far along the student is in the Finals.

When the student has finished all the questions, a summary screen will show how the student did. The student gets a star for each correct answer and a check for skills the student has passed.

Welcome Bill Wood

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Vocabulary Super Stretch, Level 1 - A - Apply: Finals

Finals score: 96%

Skill	Score details
determine	★★★✓
inspire	★★★✓
fundamental	★★★✓
radiant	★★★✓
complement	★★ X
compliment	★★★✓
interval	★★★✓
perpetual	★★★✓
contemporary	★★★✓
initial	★★★✓
wane	★★★✓
crucial	★★★✓

Section Menu

X Show Questions Missed Report

The student may view the Questions Missed Report to see any questions the student missed on the Finals.

The report includes the student's response and the correct answer.

The Questions Missed Report is also available in the Online Portfolio.

Work of: Wood, Bill
 Program: Vocabulary Super Stretch, Level 1, Word List A - Unit 3 - Apply
 Section: Finals
 Date: 4/25/2012

Questions Missed Report

complement

The school board concurred that an instrumental music class would be a fine _____ to the existing choral singing class.\\Choose the word that means "completion."

The correct answer is: complement

You selected: compliment

The correct sentence is: The school board concurred that an instrumental music class would be a fine COMPLEMENT to the existing choral singing class.

Monitoring Student Work in the Online Portfolio

The Online Portfolio shows the student's summary screen for the most recently played section in the unit. To see the student's progress click the other sections' radio buttons to view their summary screens. The Fitness Performance Detail also includes overview information about the unit such as the % complete, time, and performance score for each section.

Unit Overview

Date Started	4/25/2012
Date last played	4/25/2012
Total time	00:33:07
Workout performance	85%
Workout % complete	100%
Workout rounds	7
Workout time	00:26:32
Finals score	95%
Finals % complete	Done
Finals skills passed	11

Key

Correct answer	★
Incorrect answer	X
Passed skill	★★★

View Student's Work

Workout ☒ Finals

Print

Finals score: 95%

Skill	Score details
determine	★★★
inspire	★★★
fundamental	★★★
radiant	★★★
complement	★★X
compliment	★★★
interval	★★★
perpetual	★★★
contemporary	★★★
initial	★★★
wane	★★★
crucial	★★★

☒ Show Questions Missed Report

Monitoring Student Work With Reports

Reports show student progress and performance through the sections of the program.

Reports are useful for viewing and exporting information about a whole class or information about one student over several classes.

Vocabulary Super Stretch student work can be tracked with the following reports:

Performance Summary Report
Work-to-Date Report
Performance Detail Report

Performance Summary Report

Course: Vocabulary Super Stretch
Program: Vocabulary Super Stretch, Level 1, Word List A
Teacher: Brown, Brad
Select the rows you wish to view, print or export.

<input type="checkbox"/>	Student	Program Unit	Section	Performance	% Complete	Date Started	Date Last Played	Time
<input type="checkbox"/>	Wood, Bill	All Units				10/17/2011	10/18/2011	00:39:38
<input type="checkbox"/>		Unit 1 - Learn	All Sections			10/17/2011	10/17/2011	00:11:42
<input type="checkbox"/>			Tryout	70%	Done	10/17/2011	10/17/2011	00:04:16
<input type="checkbox"/>			Warm-up	100%	100%	10/17/2011	10/17/2011	00:02:15
<input type="checkbox"/>			Workout	92%	100%	10/17/2011	10/17/2011	00:05:11
<input type="checkbox"/>	Berman, Kate	All Units				7/22/2011	10/3/2011	00:17:03
<input type="checkbox"/>		Unit 1 - Learn	All Sections			8/15/2011	10/3/2011	00:03:26
<input type="checkbox"/>			Tryout	8%	Incomplete	9/16/2011	9/16/2011	00:00:19
<input type="checkbox"/>			Warm-up	100%	33%	8/15/2011	10/3/2011	00:00:50
<input type="checkbox"/>			Workout	100%	92%	9/19/2011	9/19/2011	00:02:17
<input type="checkbox"/>		Unit 2 - Exercise	All Sections			9/19/2011	10/3/2011	00:10:07
<input type="checkbox"/>			Warm-up	90%	67%	9/19/2011	10/3/2011	00:10:07
<input type="checkbox"/>		Unit 3 - Apply	All Sections			7/22/2011	10/3/2011	00:03:30
<input type="checkbox"/>			Warm-up	100%	0%	7/22/2011	8/15/2011	00:01:47
<input type="checkbox"/>			Workout	100%	79%	9/1/2011	10/3/2011	00:01:40
<input type="checkbox"/>			Finals	4%	Incomplete	9/22/2011	9/22/2011	00:00:03

CONTENT OF VOCABULARY SUPER STRETCH

Level 1 (Word Lists A, B, C, D, E, F)

Skill level 9-10

Level 1, Word List A

complement - to complete or enhance; counterpart
 compliment - act of praise, approval
 contemporary - modern
 crucial - vitally important, significant
 determine - figure out, decide
 fundamental - basic, essential, underlying
 initial - at the beginning, first
 inspire - motivate
 interval - space or time period between events
 perpetual - constant
 radiant - giving out rays of light, bright with joy
 wane - grow weaker, decrease

Level 1, Word List B

afflict - to cause great pain, suffering, or distress
 castigate - scold severely
 escapade - adventure, wild prank
 espionage - spying, surveillance
 expose - leave unprotected, make known, uncover
 inflict - impose something unwelcome
 lull - period of calm or stillness; to soothe or quiet
 plausible - apparently true, seemingly reasonable
 relentless - harsh, continuous, single-minded
 subjugate - bring under control
 succession - coming one after another, in continuous sequence, series
 unscathed - wholly unharmed, unhurt

Level 1, Word List C

barrier - obstacle, hindrance
 deduce - derive, infer, conclude
 dubious - doubtful
 endeavor - try, attempt, make an effort
 execute - put into effect, perform
 exonerate - free from blame
 hamper - hinder, interfere with
 indefatigable - untiring, persistent
 initiative - ability to begin a task, new project
 onerous - burdensome, difficult
 pandemonium - great disorder, chaos
 prosperity - affluence, wealth

Level 1, Word List D

adept - skillful
 chronicle - record
 commerce - exchange of goods or services, engaged with buying and selling
 correspond - communicate by exchange of written messages
 correspond - be equivalent to, agree
 exterminate - destroy
 insight - understanding
 interpret - explain, translate, represent
 intrepid - fearless
 neutral - impartial, being neither one extreme nor the other
 posthumous - occurring after death
 symbol - something that is representative of something else, representation

Level 1, Word List E

appropriate - to set aside for a specific purpose, allot, assign
 appropriate - especially suitable, fitting
 demeanor - outward manner
 diction - way of pronouncing words, choice of words
 epitome - ideal example, embodiment
 eradicate - eliminate
 irony - opposite of what is expected, saying one thing that implies the opposite, incongruity
 mimic - imitate, impressionist, imitator
 occurrence - something that happens, event, incident
 paramount - most important
 prudent - wise
 reputable - trustworthy

Level 1, Word List F

benevolent - kindly, charitable
 evince - call forth, show clearly, give evidence of
 exemplify - be an example of, represent, illustrate
 furor - uproar, rage
 hackneyed - overused, trite
 impostor - fake, pretender, deceiver
 ingenious - cleverly inventive and original, resourceful
 ingenuous - simple and open, innocent and unsuspecting
 noxious - harmful
 sensationalism - subject matter or language designed to startle or excite
 tenacious - steadfast, persistent, unyielding
 verify - confirm, make certain of

CONTENT OF VOCABULARY SUPER STRETCH

Level 2 (Word Lists A, B, C, D, E, F)

Skill level 10-11

Level 2, Word List A

adroit - skillful
annex - attach to something, an addition, take over
forcibly
blatant - offensively obvious, obvious
garner - gather, acquire
histrionics - theatrical behavior
homage - respect and honor
impurity - something that contaminates; a contaminant
intrigue - fascination, plot, conspiracy
legendary - famous, well-known
loquacious - talkative
recapitulate - restate briefly
transient - short-lived, temporary

Level 2, Word List B

abdicate - relinquish, give up, surrender
articulate - express clearly, enunciate, well-spoken
curtail - restrict, cut short, curb
defame - attack the reputation of, damage through
misrepresentation, malign
disinterested - impartial
ideology - set of beliefs
pernicious - harmful
pragmatic - practical, sensible, reasonable
predominate - prevail
prodigious - enormous
propaganda - ideas that help or hurt a cause, biased
information used to influence, promotional
material
reticent - disinclined to speak, shy, reluctant

Level 2, Word List C

affluent - wealthy, prosperous, rich
commodity - something of use, advantage, or value; item
bought and sold
definitive - final, perfect example
discreet - cautiously tactful, modest, showing good
judgment
entreat - beg, plead
genteel - polite, aristocratic, refined
heterogeneous - dissimilar, mixed, diverse
opulent - deluxe, lavish, luxurious
pacify - soothe, appease
reclusive - withdrawn, solitary
sojourn - temporary or brief stay, journey, travel
supercilious - haughty, condescending

Level 2, Word List D

boycott - refuse to deal with, avoid, refuse to buy
constrain - restrict, compel, limit
designate - name, specify, appoint
entail - make necessary, require
extrovert - sociable person
hierarchy - order, rank, ranked ruling body
inadvertent - unintended, accidental
microcosm - miniature world, small representative part of
the whole
moderate - neither too much nor too little, not extreme,
reasonable
moderate - make less severe, violent, or intense; preside
over
retrospective - a look back on the past, an exhibition or
show presenting past works
vindictive - vengeful, spiteful

Level 2, Word List E

accolade - award, honor, praise
aspersion - false or misleading charge, slur, damaging
remarks
circumspect - cautious, careful, guarded
clandestine - secret, hidden
empathy - feeling or identifying with another's emotions
or experiences, understanding of another's
feelings, compassion
expound - set forth, explain in detail, interpret
implicit - implied, tacit, understood yet unspoken
insurgence - rebellion, uprising
propound - propose, offer for consideration or
acceptance
stellar - celebrated, outstanding, remarkable
tribulation - suffering, hardship
zenith - highest point, peak

Level 2, Word List F

attrition - gradual wearing down or weakening, lowering,
reduction in strength or personnel
concomitant - accompanying, occurring with something else
consummate - perfect, superb, masterful
consummate - complete, achieve, conclude
endemic - native, prevalent in a particular locality or
people
entity - thing or organization having a
distinct existence, a being
mediate - try to settle, negotiate using a
third party, resolve
metamorphosis - change, transformation
nonpareil - one whose greatness is unrivaled;
unparalleled, unequaled
sumptuous - grand, luxurious, opulent, lavish
vacuous - empty, stupid
venerate - deeply trust or respect, revere, honor